

OUR FATHER PLAYBOOK QUESTIONS

Episode One: Our Father, Who Art in Heaven

Segment 1: Kickoff/Game Plan

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. How does the image of Jesus on the Cross reveal the Father's love?
4. What can we learn from Jesus' relationship with his Father?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. Name some of the times in your life that God the Father has blessed you.
4. How do you show God the Father your appreciation?
5. Danny mentioned that he chose the wrong road on many occasions that offended the Father—share a particular occasion when you offended the Father through a poor decision.
6. Name at least one time where your earthly father has been a blessing to you. When has he been a disappointment to you?
7. Name at least one time when being a father has blessed you.

Segment 3: Personal Fitness Action Plan

Write out action plan—I commit to becoming spiritually fit by.....

Episode Two: Hallowed Be Thy Name

Segment 1: Kickoff/Game Plan

Warm-up questions

1. _What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

1. Why do you think so many people in our society today reject the name of the Lord?
2. How much honor do we give to athletes, movie and rock stars, politicians, etc.; on the other hand, how much honor and respect do we give to God?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

1. Give some examples of how you hallow God's name not only by your words but also by your actions.
2. Think of the most recent times that you took God's name in vain (ex. gd.) What caused you to do this? (Ex. Anger, etc.)
3. When you hear someone in your company take the name of God in vain, what is your reaction?
4. If our society is becoming more and more hostile to the name of the Lord and Christians in general, what should your response to this be as a man of God?

Segment 3: Personal Fitness Action Plan

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Episode Three: Thy Kingdom Come

Segment 1: Kickoff/Game Plan

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. What is the difference between the “kingdom of this world” and the “Kingdom of God?”
4. Jesus tells us in scripture that the Kingdom of God last forever; what is your understanding of eternity (forever)?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

1. What does it mean to “Plant the flag of the Kingdom of Christ in our hearts?”
2. What are some of the obstacles in our lives that are preventing us from following the “Kingdom of God?”
3. John the Baptist came to prepare the people to receive the Kingdom of God; identify one way you can bring the Kingdom of God into your home and into your workplace.
4. Name one area in your life that you have difficulty surrendering to the Lordship of Jesus.

Segment 3: Personal Fitness Action Plan

Write out action plan—I commit to becoming spiritually fit by.....

Episode Four: Thy Will Be Done

Segment 1: Kickoff/Game Plan

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. “Thy will be done” involves trusting the Lord more than ourselves. In what areas of your life do you have the most difficulty trusting the Lord?
4. It’s hard to hear the Lord when we’re surrounded by noise! What are your favorite places to go to and spend quiet time?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. Throughout history, the Saints have listened and followed the will of God. Share a favorite story of when a Saint followed the will of God.
4. Think back to a time that God’s will was obvious in your life? Share this story with your brothers.
5. What needs “fixing” in your community (abortion centers, porn shops, etc). How can you and your group work to fix these problems?
6. Who in your family needs most to hear the Good News? What can you do to share God’s love with them?

Segment 3: Personal Fitness Action Plan

Write out action plan—I commit to becoming spiritually fit by.....

Episode Five: Our Daily Bread

Segment 1: Kickoff/Game Plan

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. What new insights did you gain about the Christian approach to money?
4. How would you react to God if you lost your job or 50% of your retirement fund tomorrow?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. How much money or how many material goods do you need to be content? Have you reached that place of contentment?
4. Share an experience of how God provided for you or your family.
5. Share an experience when God led you to a place where you had to grow and trust in Him.
6. Do you tithe? If so, share how God led you to do that. If not, why should you consider starting that discipline?

Segment 3: Personal Fitness Action Plan

Write out action plan—I commit to becoming spiritually fit by.....

Episode Six: Forgive Us Our Trespasses

Segment 1: Kickoff/Game Plan

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. Who do you relate more to in the Gospel story, the unforgiving servant, or the lord who is angry over someone else's unforgiveness? Why?
4. How does having trust in Jesus help us to forgive those who have hurt us?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. What should the attitude of our hearts be towards those who have hurt us? On the same question, what should the attitude of our hearts be towards those we have hurt?
4. Do you forgive others as Christ forgives you? What makes this great command of the Lord's so difficult for us?
5. Is it possible to truly say that you love God if you are carrying a huge burden of anger and unforgiveness?
6. Who in your life has shown you what true forgiveness is? How did they do that?

Segment 3: Personal Fitness Action Plan

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Episode Seven: Lead Us Not Into Temptation

Segment 1: Kickoff/Game Plan

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. David the prophet was tempted by a glance that led to sin—what are some of the other devices which the devil uses to tempt us to fall into sin?
Example (money)
4. In the news, we hear on a regular basis, how prominent figures in our society fall prey to temptations—what is your reaction to that? Why?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. When we are tempted, what are some of the ways to help prevent us from falling into sin?
4. What is the biggest temptation that you are currently facing? What steps are you taking to help combat this temptation?
5. The Holy Spirit is our protection against the temptation of the devil. What are some other spiritual resources of the Catholic Church which can be helpful to you in avoiding the near occasion of sin?
6. Why do you think gathering, as a group of Christian men, on a weekly basis is beneficial in the struggle with temptation?

Segment 3: Personal Fitness Action Plan

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Episode Eight: Deliver Us From Evil

Segment 1: Kickoff/Game Plan

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. Ephesians 6:12 tells us our struggle is not with flesh and blood but against evil spirits. Why is it impossible to overcome sin and evil without the help of Jesus?
4. Why would Jesus, who is able to conquer all evil, want us, frail and sinful men, to join Him in this battle?

Segment 2: Red Zone

Warm-up questions

1. What particular point (s) caught your attention the most in this segment?
2. What is something useful that you learned from viewing this segment that you can apply in your own life?

Workout questions

3. What holds you back in the battle against evil? Is it an obstacle within or something on the outside?
4. What can we do to make ourselves more effective weapons in the Lord's battle against evil?
5. In John 16:33, Jesus tells us to "Take courage, He has overcome the world." If we believe this message, what are the ways we are living it out in our daily lives?
6. How can we build one another up as men that we might become a stronger, more unified army of the Lord?

Segment 3: Personal Fitness Action Plan

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